

✓ **A recent headshot (for member communications)**



✓ **A brief biography**

Dr. Yu-Kai Chang is Chair Professor and Chair of the Department of Physical Education and Sports Sciences at National Taiwan Normal University (NTNU), where he also directs the Physical Activity and Cognitive Neuroscience Laboratory. He currently serves as Treasurer of the International Society of Sport Psychology (ISSP) and Vice-President of the Asian-South Pacific Association of Sport Psychology (ASPASP).

Dr. Chang's research focuses on sport and exercise psychology, particularly in the domains of exercise and mental health, performance psychology, and mindfulness, approached through a cognitive neuroscience lens. He has published over 280 articles in leading domestic and international journals, contributed to more than 10 international book chapters, and translated four academic books. Recognized as one of the World's Top 2% Scientists in Sport Science since 2021, Dr. Chang has received numerous honors, including being named an International Fellow of the National Academy of Kinesiology (NAK, USA) in 2024, the Distinguished Alumni Award from the University of North Carolina at Greensboro in 2020, and the Outstanding Research Award from Taiwan's Ministry of Science and Technology in both 2019 and 2025. He was also named Early Career Distinguished Scholar by the ISSP (2013) and North American Society for the Psychology of Sport and Physical Activity (NASPPA, 2014). In addition to his academic accomplishments, Dr. Chang is an accomplished practitioner of Chinese martial arts, with expertise in Bagua, Xingyi, Taiji, and Shaolin, and has demonstrated his skills in numerous national and international competitions.

✓ **A clear indication of the position you are applying for**

Vice president

✓ **A position statement outlining your vision (maximum 250 words)**

Having served ISSP as a Managing Council member (2018–2021) and currently as Treasurer (2022–2025), I have developed a strong appreciation for the Society's mission, operational needs, and global potential. As Vice President, I will strive to further enhance ISSP's impact by strengthening its scholarly presence, cultural inclusivity, and member engagement across all regions and career stages.

With my experience as Co-Editor of International Journal of Sport and Exercise Psychology (IJSEP), ISSP's official journal, and as a contributor to ISSP's textbook initiatives, I aim to lead efforts to elevate our publication platforms. This includes supporting high-quality editorial processes, increasing journal accessibility and visibility, and expanding publication opportunities for diverse scholars. I will also advocate for new educational and professional development resources that bridge science and practice.

My vision centers on fostering interdisciplinary collaboration, strengthening ethical and evidence-based practice, and supporting early-career professionals through mentoring and leadership pathways. Working closely with the President and fellow Vice Presidents, I will promote transparent governance, inclusive decision-making, and global partnerships that reflect ISSP's diverse membership.

✓ A short statement for online promotion (maximum 60 words)

As Treasurer of ISSP and Co-Editor of IJSEP, I bring extensive leadership experience in research, publication, and global collaboration. I am committed to advancing ISSP's mission through ethical practices, inclusive engagement, and the continued development of our publication platforms—including journals and textbooks—to strengthen and elevate the global voice of sport and exercise psychology.

✓ (Optional) A link to your university or professional website

- Google Scholar <https://scholar.google.com/citations?hl=zh-TW&user=LLUH6HkAAAAJ>
- NTNU Researcher Portal <https://scholar.lib.ntnu.edu.tw/en/persons/yu-kai-chang>
- PACNL website <https://pacnlntnu.wixsite.com/pacnlntnu/director>

Reference person

- Robert Schinke
- Gangyan Si
- Alessandro Quartiroli