



Professor Youngho Kim

Nominated for the position of Members-at-Large by Professor Robert Schinke and seconded by Professor Alessandro Quartiroli

- **Personal Statement**

Dr. Youngho Kim received his PhD from the University of Wollongong, Australia in 1998, in the area of health and exercise psychology. Dr. Kim has currently served for the President of the Asian-South Pacific Association of Sport Psychology (ASPASP), the Vice-President of the International Society of Sport Psychology (ISSP), a section editor (Exercise and Health: Social Aspects and Interventions) of International Journal of Sport and Exercise Psychology (IJSEP), and an associate editor (Exercise Psychology) of Asian Journal of Sport and Exercise Psychology (AJSEP). His research interests include psychosocial correlates of physical activity in various settings, and he is currently focusing on physical activity and its related psychosocial constructs based on psychosocial theories. He has published more than 250 peer-reviewed journal articles and made more than 300 presentations at international conferences. Outstandingly, Dr. Kim has won research grants from the Korean government every year since 2003, and he is recently funded (USD 200,000) by the National Research Foundation. Furthermore, Dr. Kim has been maintaining a broad and tight network not only within the Asian region, but also with many other international countries, both in an interpersonal and academic aspect. For these reasons, he is running for the members-at-Large of ISSP to contribute to the better development of ISSP and to revitalize the international exchange of sports and exercise psychology.

- **Position Statement**

As a scholar based in Asia with global collaborations, my work integrates theory-driven and evidence-based approaches to understanding physical activity behavior. I believe ISSP has a vital role to play in expanding the global impact of sport and exercise psychology, not only in elite sport, but also in public health, community engagement, and preventive mental health strategies.

If elected, I will work to ensure that sport and exercise psychology is well represented in ISSP's programs, publications, and policy initiatives. I am committed to enhancing professional development opportunities for researchers and practitioners working in physical activity promotion, and to supporting interdisciplinary collaboration that bridges sport, health, and exercise sciences between ISSP and ASPASP, as its current president. I will also advocate for increased visibility of physical activity-related research and practice within the Society, and inclusive, accessible dissemination of ISSP resources.

I am eager to contribute to ISSP's mission of global excellence by promoting exercise psychology as a powerful tool for enhancing human well-being. I respectfully ask for your support in shaping a more active, healthy, and psychologically enriched future through ISSP leadership.

- **Short Online Promotion Statement**

As President of the Asian-South Pacific Association of Sport Psychology, I bring regional leadership and a strong commitment to advancing exercise psychology and physical activity promotion worldwide. Elect me as ISSP Member-at-Large to strengthen global collaboration, amplify diverse voices, and support evidence-based practice in sport, exercise, and performance psychology.