

✓ **A recent headshot (for member communications)**



✓ **A biography (maximum 250 words)**

Dr. Yanping Duan is an associate professor in the Department of Sports and Health Sciences at Hong Kong Baptist University (HKBU) in Hong Kong, where she also serves as the Director of the Master of Social Sciences in Sport & Leisure Management Programme. Her research interests include health behavior promotion and sport and exercise psychology, with a primary focus on exploring psycho-social, social-cultural, and environmental determinants of physical activity behavior as well as designing, implementing, and evaluating theory- and evidence-based physical exercise intervention programs for mental health promotion. Dr. Duan's research covers diverse samples (e.g., university students and staff, office-based employees, older adults, cardiac rehabilitation patients) applying various approaches including observation, interview, questionnaire survey, onsite-, web- and app-based interventions. She has published over 80 refereed articles in international journals, including *Journal of Medical Internet Research*, *Journal of Sport & Health Science*, *Psychology of Sport & Exercise*, *Landscape and Urban Planning*, and others. Dr. Duan has received support from competitive external research funds in Hong Kong and internationally, including General Research Fund (GRF), Health and Medical Research Fund (HMRF), and Germany/Hong Kong Joint Research Scheme.

Dr. Duan is a Founding Executive Committee member of the Asia-Pacific Society for Physical Activity (ASPA) and currently serves as the Chair of the ASPA Asia Committee. She is the Associate Editor of *Applied Psychology: Health and Well-Being*, *Frontiers in Public Health*, and *Frontiers in Psychology*.

✓ A clear indication of the position you are applying for
Member-at-large of the ISSP Managing Council

✓ A position statement outlining your vision (maximum 250 words)

Having served the Asia-Pacific Society for Physical Activity (ASPA) as an EC member and Asia Committee Chair (2020–present), I have accumulated working experience collaborating with members from the Asia-Pacific regions in a professional society of physical activity. Moreover, my research focuses on physical activity and mental health among the mass population. One of the International Society of Sport Psychology (ISSP) missions is to encourage and promote the study of human behavior within the sport, physical activity, and health settings. My expertise matches this mission very well. Should I be a member-at-large of the ISSP managing council, I will commit myself to enhancing ISSP's impact by advancing physical activity research and knowledge dissemination and implementation into policy and practice across all regions.

My vision focuses on advancing knowledge and integration of physical activity into health, education, sport and recreation, and policy in order to benefit the mental health and well-being of all communities globally. Working closely with the President, Vice Presidents, and members in managing council, I will build the capacity of physical activity, foster interdisciplinary collaboration, promote evidence-based practice, and support early-career professionals through mentoring and leadership pathways.

✓ A short statement for online promotion (maximum 60 words)

As a researcher in the field of physical activity and mental health, I am committed to enhancing ISSP's impact by advancing knowledge and integration of physical activity into health, education, sport and recreation, and policy in order to benefit the mental health and well-being of communities across all regions.

✓ (Optional) A link to your university or professional website

- ORCID ID <https://orcid.org/0000-0002-6432-7542>
- HKBU Scholars https://speh.hkbu.edu.hk/en/people/academic_and_teaching_staff_detail/145
- ResearchGate <https://www.researchgate.net/profile/Yanping-Duan-3>

Reference person

- Robert Schinke
- Yu-Kai Chang