



Rebecca Wong, PhD

Sport psychology consultation, RRQ professional esports organization

Research associate, University of Putra Malaysia

Nominators: Prof. Franco Noce and Prof. Chris Harwood

Biography

Rebecca is an established sport psychology practitioner with over 20 years of applied experience. Currently appointed as a Research Associate at the University of Putra Malaysia, she integrates evidence-based approaches into her collaborations with athletes and coaches. Rebecca is known for her contributions to research, having co-authored papers and book chapters with international experts on topics such as cultural sport psychology and mental health in both esports and traditional sports. From 2004 to 2019, she served at the National Sport Institute of Malaysia, working across various sports, followed by two years with Team China Winter Games.

Rebecca was the official Team Malaysia sport psychologist at the Rio Olympic Games in 2016, supporting athletes during their best-ever performance with four silver and one bronze medals. She also provided on-site psychological support for the Asian, Commonwealth, and Sea Games, guiding athletes from preparation through competition between 2005 and 2018. As a registered practitioner and supervisor with the International Society of Sport Psychology Registry (ISSP-R), Rebecca mentors upcoming professionals and is committed to their ongoing development. She serves on the ISSP Managing Council (2021–2025), actively participating in the ISSP-Registry Committee, and played a supporting role in affiliating the Indian Sport Psychology Association with ISSP. Her passion for cultural sport psychology and professional excellence continues to shape the field locally and globally.

Position statement

Rebecca envisions leveraging her experience as a scientist-practitioner to further advance the field of sport psychology in both Malaysia and the broader international community (i.e. Asia). Her professional vision is grounded in the continued integration of practice and cultural sensitivity, ensuring that interventions remain relevant and effective for diverse athletic populations. Her research interest and collaborations focus on athlete mental health, psychological safety, and mental performance.

Rebecca is committed to nurturing the next generation of sport psychology professionals by expanding mentorship and supervision initiatives, particularly through international platforms like the ISSP Registry. In her supervision program, she aspires to influence sport organizational development by advocating for the systematic inclusion of sport psychology in training frameworks and adhere to high level of ethical guidelines and effective practitioner standards.

Over the next decade, Rebecca intends to further her leadership within the ISSP and other professional bodies, working to shape global standards and promote effective and ethical sport psychology practice and research. Ultimately, her vision is to cultivate sporting environments that support athlete wellbeing in a holistic framework, ensuring that sport psychology is recognized as an essential pillar of sporting excellence.

A short statement for online promotion

Promote sport and performance psychology in both traditional sports and esports to ensure high level of sport psychology practice.

Position applying for

Member at Large (South-East Asia & Asia)

Professional Website www.linkedin.com/in/rebecca-wong-phd