

**Pedro Teques**

Nominator: Prof. Sidonio Serpa and Seconded by Prof. Tatiana Ryba

Candidate for Member-at-Large - ISSP Managing Council

pedroteques@gmail.com | +351 934 803 973 | [www.linkedin.com/in/pedroteques](https://www.linkedin.com/in/pedroteques)



## **Biographical Note**

Pedro Teques is a professor in sport and exercise psychology at the University of Trás-os-Montes and Alto Douro (UTAD), Portugal. He graduated in psychology with a specialization in sport psychology and later completed his MS and PhD in sport and exercise psychology at the Faculty of Human Kinetics, University of Lisbon. In 2009, he was awarded the prize for best student at the University of Lisbon, and one of his PhD studies received the Young Investigators Award at the annual congress of the Portuguese Society of Sport Psychology (SPPD) in 2014.

Since 2014, Pedro has been actively engaged in the leadership of the SPPD, serving as Secretary-General, Vice-President, and currently as President for the 2022-2026 term. He has promoted international collaborations, organized annual scientific events, and led initiatives that bridge science, applied practice, and community engagement.

Author or co-author of more than 50 peer-reviewed papers on psychosocial influences on sport performance and development, Pedro is also a chartered clinical, health, and sport psychologist with the Order of Portuguese Psychologists. Over the past two decades, he has consulted with coaches, parents, athletes, and referees in sports such as football, handball, gymnastics, trap shooting, and racing cars. He currently works full-time with the Referees' Committee of the Portuguese Football Federation.

Alongside his academic and applied roles, Pedro is an active endurance athlete, regularly participating in half marathons and marathons. He has consistently followed parallel paths, integrating applied practice, research, and the lived experience of sport, while actively contributing to the advancement of sport psychology.

## **Position Statement**

My vision for the role of Member at Large in the ISSP is grounded in a commitment to expanding the diversity and impact of sport and exercise psychology worldwide. Being fluent in Portuguese, Spanish, French, and English enables me to connect with diverse communities, build bridges between cultures, and foster strategic relationships worldwide. I believe that advancing our discipline requires fostering inclusive networks, building strategic partnerships, and empowering underrepresented communities.

First, I envision strengthening the presence of sport psychology in the Community of Portuguese Language Countries (CPLP), which encompasses nine independent nations, including Angola, Brazil, Cape Verde, Timor-Leste, Guinea-Bissau, Mozambique, Portugal, and São Tomé and Príncipe. Portuguese is spoken daily by almost 293 million people across four continents, offering a unique platform to connect professionals, researchers, and practitioners who can enrich the ISSP with diverse perspectives and contexts.

Second, I seek to advance an integrated Ibero-American vision, leveraging the formal support of the Ibero-American Society of Sport Psychology for my candidacy. This vision bridges the current Iberian strength with the vibrant potential of Central and South American countries, fostering joint initiatives, collaborative research, and culturally adapted interventions.

Third, I aim to create stronger connections between developing nations of CPLP and Ibero-America and historically established leaders in the field, such as the USA, Canada, and countries across Europe. This includes promoting knowledge exchange, mentorship programs, and shared platforms where expertise flows in multiple directions, ensuring mutual growth and respect.

I am committed to making the ISSP a more global community that connects, inspires, and shapes sport psychology's future.

#### **Short statement**

I will work to strengthen sport psychology across the Portuguese-speaking world, unite the Ibero-American community, and build bridges with established leaders in the USA, Canada, and Europe. By fostering collaboration, sharing knowledge, and empowering underrepresented countries, I aim to make the ISSP a more global, inclusive, and forward-looking force in our discipline.

