

✓ A recent headshot (for member communications)



### **1. Biography (max. 250 words)**

I am a psychologist graduated from the Pontificia Universidad Católica de Valparaíso, with specialization and diploma studies in Sport Psychology, and a Ph.D. in Physical Activity and Quality of Life Sciences from the University of Granada. I have more than twenty years of experience in applied sport psychology (working with athletes of all levels and national teams, coaches, parents, and technical and medical staff), research, and university teaching.

I am currently the academic director of the Institute of Sport and Wellness at Andrés Bello University in Chile, a pioneering project in the country aimed at promoting and developing dual careers and sports culture. With more than 1,500 university team athletes, 280 of whom are members of national teams, the Institute has become a benchmark in the integration of academic programs and activities, projects, and campaigns on values and sports development at all levels with the hallmark of well-done and ethical sports.

My main lines of work focus on motivation, commitment, and the well-being of athletes and the sporting environment, as well as organizational support for federations, municipalities, and sports academies.

Internationally, I have been a consistent representative of Chile in sport psychology congresses and networks. I am a board member of the Chilean Society of Sport Psychology and of the Latin American and Caribbean Society of Sport and Physical Activity Psychology, and I have served on committees within AASP. I have also directed and organized international seminars and conferences, leading processes from financial planning to academic and logistical management.

As a former athlete track and field athlete, my identity reflects an unwavering commitment to sport as a driver of well-being, values, and social transformation.

## **2. Position / Vision Statement (max. 250 words)**

I am applying to the ISSP Managing Council with the conviction that sport psychology must serve as a bridge between science, applied practice, and social transformation. My vision is to strengthen ISSP's role as a global network that fosters equitable access to knowledge, international collaboration, and the training of new generations of professionals, with an emphasis on professional quality and clearly defined roles.

I strongly believe that sport is a field of values, well-being, and excellence. Sport psychology should not only support the performance of elite athletes but also act as a factor of integral development in communities, educational institutions, and sports organizations. It is essential for our discipline to lead initiatives that promote motivation, mental health, and inclusion at all stages of sporting life.

As an academic, researcher, and Director of the Institute of Sport and Well-being at Universidad Andrés Bello, I have driven pioneering projects in Chile that integrate academic development with high performance, as well as initiatives that support athletes across all stages of their sporting journey. My experience in leadership positions, international congress organization, and participation in regional and global boards and committees enables me to contribute with an integrative, strategic perspective, and a strong commitment to community and professional quality.

I aspire to contribute to the ISSP Managing Council by promoting innovation, collaboration, and the international impact of sport psychology as an essential discipline for the development of sport in all its complexity.

## **3. Short Statement for Online Promotion (max. 60 words)**

Psychologist and Ph.D. in Physical Activity Sciences, Academic Director of the Institute of Sport and Well-being at Universidad Andrés Bello (Chile). With more than 20 years of experience in sport psychology, I promote sport as a space for well-being, values, and excellence. I run for the ISSP Managing Council to contribute global vision, innovation, organizational experience and a strong commitment to inclusion.

The position I am applying for Members-at-Large of the ISSP Managing Council

Linkedin: Paula Ortiz

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Members who support my candidacy as Members-at-Large of the ISSP Managing Council: Dr. Alejandro García-Mas / Dr. Daniel Gould / Dr. Sidonio Serpa

