

✓ A recent headshot (for member communications)



Dr. Edson Filho, Associate Professor of Sport Psychology at Boston University
Nominators: Prof. Franco Noce and Prof. Maurizio Bertollo

✓ A biography (maximum 250 words)

Dr. Edson Filho is a tenured Associate Professor of Sport Psychology at Boston University, where he is also the director of the Performance Recovery & Optimization (PRO) Lab. Dr. Filho's research centers on performance optimization in individuals and teams. He studies peak performance (in the zone and flow experience), recovery-stress balance, and high-performing teams. He is also interested in developing applied interventions for performance optimization and mental health for athletes and performers across domains.

Dr. Filho's international career spans the United States, England, Italy, India, Germany, and Brazil. Dr. Filho is the author of over 100 manuscripts and book chapters and has edited three books on mental skills training in sports, research directions in the field, and sport and exercise psychophysiology, respectively.

Dr. Filho has received numerous research fellowships and awards, including a Fulbright Doctoral Fellowship and the American Psychological Association Dissertation Award (Division 47 – Society for Sport, Exercise & Performance Psychology). His work on performance optimization has been funded by the Union of European Football Associations (UEFA) and the National Collegiate Athletic Association (NCAA) and been featured in media outlets including BBC Latin America, the Boston Globe, USA Today, and Scientific American.

Dr. Filho is an HCPC Registered Sport and Exercise Psychologist in the United Kingdom, a Certified Mental Performance Consultant by the Association for Applied Sport Psychology, and an Established Supervisor and Established Practitioner registered with the International Society of Sport Psychology. He has worked as a consultant for professional and collegiate athletes.

✓ A position statement outlining your vision (maximum 250 words)

My GuideStar for this role is ISSP's foundational mission of promoting the development of sport psychology around the world. I have been involved with ISSP for several years and I envision myself advocating and acting on three main fronts: 1) Global Partnership Initiatives; 2) Financial Health Expansion; and 3) Societal Impact.

Global Partnership Initiatives

As someone who has participated in various scholarship opportunities (Capes-Fulbright Brazil/USA; Erasmus Programme by the European Union) I am keen to develop a program that allows students and scholars from around the world to visit each other to foster research and applied collaborations. I have seen firsthand that visit exchanges can lead to strong outputs and often result in long-term partnerships between individuals, universities, and industry.

Financial Health Expansion

I believe diversifying sources of income is essential for the continued growth of the ISSP. I envision working towards finding and securing sponsorships from transnational companies. I believe that an organization like ISSP has the stature to seek partnership with large public institutions and private corporations around the world. I also would like to help develop new, and expand on current, revenue-generating initiatives, such as the ISSP master class program.

Societal Impact

To increase the societal impact of ISSP, I believe it is important that the organization's initiatives and outputs are widely disseminated so to influence policy, public discourse, and best-practices. Strengthening ISSP's social media presence, alongside the development of video materials (documentaries and podcasts), are among the ideas I would like to propose and help develop.

✓ A short statement for online promotion (maximum 60 words)

Dr. Edson Filho is an Associate Professor of Sport Psychology at Boston University. He currently serves on the ISSP Emerging Countries Committee and as editorial board member of the IJSEP. Dr. Filho is keen to help develop global scholarly network initiatives. He is inspired by ISSP's foundational mission of promoting the development of sport psychology throughout the world.

✓ A clear indication of the position you are applying for

✚ Member-at-Large of the ISSP Managing Council

✓ (Optional) A link to your university or professional website

✚ <https://www.bu.edu/wheelock/profile/edson-filho/>

✚ <https://www.bu-prolab.org/>

