



# NEWSletter

A BI-ANNUAL PUBLICATION OF THE INTERNATIONAL SOCIETY OF SPORT PSYCHOLOGY VOL. 1 NO. 2

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## CHALLENGES AHEAD FOR ISSP!

As Sport Psychology grows and becomes a more recognized part of sport science new challenges emerge. ISSP, as an international society, must address these issues if it is to remain at the forefront. One of the most pressing issues of the moment is the appropriate delivery of services to the client.

**ETHICS** is perhaps the area most in need of clarification. Society's values and demands pressure sport scientists with a double bind requirement: To uphold the moral and ethical principles of the field and at the same time deliver means to improve performance; or be cast aside as useless. The focus on elite sport that has characterized sport psychology is a reflection of these demands. Ethical considerations are appearing with increasing frequency in conferences, journals and training programs. Several areas in particular require addressing their ethical implications and requirements: Sport psychological services for the young athlete; talent detection and the selection process; the sport psychologist employed by a professional team (responsibility to the individual athlete and to the organization); effective interventions and the protection of confidentiality (communication psychologist-coach-organization); and, finally, the ethical issues of the sport psychologist facing drugs in sports.

**PROMOTION OF HEALTH AND WELL BEING** is another growing concern of the scientific world. ISSP must address its role in exploring the benefits of physical activity and in the prevention of sedentarianism.

**WHAT SHOULD THE TRAINING OF A SPORT PSYCHOLOGIST BE?** This question has been around for a long time but its importance is growing proportionally to the growth of the field.

ISSP is not an entity with power to make laws and enforce them but it is its responsibility to promote research in these areas, to facilitate communication among the different fields, professionals and countries. Many different avenues exist, ranging from including these topics in the next World Congress, to coordinating the efforts of the existing societies, to organizing specific forums in different areas of the world and presenting the results at the World Congress. The challenges are there, **LET'S FACE THEM!** This Newsletter is a forum for communicating viewpoints and debating issues. Please feel free to send your opinions and comments

## ISSP NEW LOGO CONTEST

We need a new logo that does not include the five Olympic rings. All of you designers at heart submit your ideas for an ISSP logo to:

Dr. Robert N. Singer, President of ISSP  
Dept. of Exercise and Sport Science  
University of Florida  
Gainesville, FL, 32611, USA.

Deadline for submission is December 31st. The winner will be announced in the Newsletter and the prize will consist of a 4-year membership to ISSP and free registration to the next World Congress.

The last issue of the Newsletter introduced the officers of the Managing Council. Meet now the members-at-large:

## MEET THE COUNCIL



**Benno Becker Jr., Brazil**

Escola Superior de Ed. Fisica, Porto Alegre, RS, Brazil. Research Interests: Stress Management, Group Dynamics, Aggression. Mr. Becker is president of the South American Society of Sport Psychology and of the Brazilian Society. He is currently head of Sport Psychology at the Research Laboratory for Exercise - State University of Rio Grande do Sul. Football, soccer and volleyball are his favorite leisure time activities.

**Denis Glencross, Ph.D., Australia**

School of Psychology, Curtin University of Technology, Perth, Western Australia. Research Interests: Information Processing, Skill Learning. Dr. Glencross is the first president of the newly formed Sport Psychology Association of Australia and New Zealand and a world-class field hockey player.



**P. Bola Ikulayo, Ph.D., Nigeria**

Department of Physical and Health Education. University of Lagos, Nigeria. Research Interests: Stress Management, Performance Enhancement, Motivation. Dr. Ikulayo is the first representative of Africa in ISSP. She is the national president of the Sport Psychology Association of Nigeria and enjoys dancing, swimming and reading.

**Jitendra Mohan, Ph.D., India**

Professor at the Department of Psychology, Punjab University, Chandigarh, India. Research Interests: Personality, Psychomotor Performance, Cross-Cultural Perception. Dr. Mohan is president of the Sport Psychology Association of India, Dean of the School of Arts and has more than 150 research publications to his name. He enjoys writing poems, walking and meeting people.



**Jürgen Nitsch, Ph.D., Federal Republic of Germany**

Deutsche Sporthochschule Köln, Psychologisches Institut, Köln, Germany. Research Interests: Stress, Motivation, Action Theory. Dr. Nitsch is currently head of the Psychologisches Institut, at the Deutsche Sporthochschule and is organizing the next European Congress of Sport Psychology. He is a sharp thinker and a tough negotiator and was one of the main speakers at the last World Congress. He lists sailing as his favorite leisure time activity.

**Semen Slobunov, Ph.D., USSR**

Dept. of Scientific Research, Institute of Physical Culture, Moscow, USSR. Research Interests: Stress Prevention and Physical Adherence, Computer Psychodiagnostic and Expert Systems in Sport Psychology. Dr. Slobunov has worked as sport psychologist for the Soviet National Diving Team for the past 10 years, and he is the vice-president of the Federation of Sport Psychology of the Soviet Union. He is a ski instructor and has a black belt in Karate.





#### Marit Sorensen, Norway

NIH. Box 40, Kringsja, Oslo, Norway. Research Interests: Psychological Effects of Physical Activity, Adapted Physical Activity. Marit Sorensen is an associate professor at the Norwegian University of Sport and Physical Education. She enjoys skiing, sailing and horseback-riding.

#### Gershon Tenenbaum, Ph.D., Israel

Wingate Institute for Physical Education and Sport. Division of Research and Sports Medicine. Research Interests: Cognitive sport psychology, interdisciplinary research (psychophysiology), methodological issues in sport science. Dr. Tenenbaum is Director of the Research Department at the Wingate Institute in Israel, He is also Past-President of the Israeli Society of Sport Psychology and Sociology of Sport and Physical Education, has published more than 60 articles in scientific journals and is one of the most sociable people in the field!



#### Richard A. Magill, Ph.D., USA

Department of Kinesiology, Louisiana State University, Baton Rouge, Louisiana. Research Interests: Skill Acquisition, Information, Feedback, Youth Sports. Dr. Magill is a past president of NASPSA, has published extensively, bridging the gap between motor learning and applied sport psychology in his work on youth sports and is a great organizer who hardly ever loses his cool.

\*\*\*The MC will meet September 24-25 in Belo Horizonte, Brazil, making it the first South American Meeting of ISSP. The next issue of the Newsletter will inform of the content of the sessions.\*\*\*

\*\*\*A special thanks to our photographer Dr. Hans Stollenwerk (Germany).\*\*\*

## SPORT PSYCHOLOGY TRAINING BULLETIN: CALL FOR PAPERS

The Sport Psychology Training Bulletin is pleased to announce a call for papers for professionals with expertise in sport psychology. SPTB is a thematic educational resource for athletes, coaches and parents. Each issue describes one topic in sport psychology with practical suggestions for this targeted population. If you are interested in sharing your expertise and contributing to the SPTB please call or write the editors, Charles Hardy, Ph.D. and Kelly Crace, M.A., at P.O. Box 52234, Durham, NC 27717-2234, Phone (919) 361-4621.

## FEPSAC NEWS

The Managing Council of FEPSAC (Fédération Européenne de Psychologie des Sports et des Activités Corporelles) met in Athens (Greece) and worked on a very interesting topic: Ethical Standards in Sport Psychology. They plan on having the Proceedings published prior to the Congress in Cologne. The European Society decided also to institute an award for young scientists under 30 years of age. It will be presented at the next Congress. At this point, FEPSAC counts 21 member countries and 1 affiliated member. Only Romania, Yugoslavia, Turkey and Ireland are not yet included.

Upcoming FEPSAC dates are:

- 1990 12-16 September MC Meeting, Cardiff (GB)
- 1991 23-26 May MC Meeting, Paris
- 10-15 September VIII FEPSAC Congress, Cologne (GER)

FEPSAC is now publishing a Bulletin with a variety of news and information from the different member countries. The Bulletin is published twice a year and Erwin Apitzsch, FEPSAC Secretary General, is the editor.

## AROUND THE WORLD

### SEATTLE/WA USA

10 Soviet and 12 American delegates were involved in the Citizen Initiatives Conference titled "Sport Psychology: Its role in the athletic experience" coinciding with the Goodwill Games. Dr. Hubert Armstrong, from the University of Washington and Harborview Medical Center was the Conference Chairman. Dr. Semen Slobunov, Vice-Chairman of the USSR Sport Psychology Federation and an ISSP MC member was the leader of the Soviet delegation. The conference ran from July 23rd to the 27th and discussions centered around the following topics of interest: Sport psychological service organization in both countries, Mental preparation techniques, Role of the psychologist in injury prevention and treatment, Diagnosis of clinical phenomena among athletes, such as depression, panic and sleep disorders, Youth sport issues. The five days of the conference were intense and productive, but by far the most outstanding aspect was the opportunity to make new friends, the experience of American family life by the Soviet delegates who were housed with families, and the agreement on common future initiatives.

Hubert E. Armstrong  
U. of Washington, USA  
Semen M. Slobunov  
Federation of Sport Psychology, USSR

### VALENCIA, SPAIN

During the II National Congress of the Spanish Association of Psychologists, the Area of Sport Psychology, present for the first time, organized two main presentations, three conferences, 6 symposia, 3 debates and 2 round tables, plus a poster session and 2 software shows. Dr. Gerd Konzag, Vice-President of ISSP, analyzed the evolution of Sport Psychology in Europe, including its present situation, problems and possible future orientations. Dr. Jaume Cruz and a team of experts from all over Spain repeated the analysis for the case of Spain. Dr. Joan Riera, President of the Spanish Association of Sport Psychology, Dr. Gloria Balague, Vice-President of ISSP, and Dr. Martin Lee (Bedford College, U.K) gave the 3 conferences, with topics ranging from the role of the sport psychologist in the teaching and learning of sports techniques and tactics, motivation in sports and fair-play in youth sport. The active participation of numerous professionals from all over Spain made the Congress a resounding success and displayed the high level of research and applied work achieved in the country.

### VARANASI INDIA

The Fifth annual conference of Sports Psychology of India was organized by the Dept. of Psychology of Kashi Vidyapith, Varanasi at Tibetan Research Institute Sarnath from February 23-25th 1990. Dr. Jitendra Mohan, ISSP MC member, gave a special lecture on Roles and Functions of Sports Psychologists. In all, over 140 delegates participated, with more than 70 papers covering most areas of sport psychology. The conference included multidisciplinary gatherings and important resolutions were taken:

1. The sport psychologists disapprove the use of drugs for enhancement of sports performance.
2. They resolved that the Sports Councils, Federations and Associations should utilize the services of Sport Psychologists in selection and training regularly.
3. It was resolved to recommend to Universities and Boards to include the modern subject like Sport Psychology in their courses.
4. It was also resolved to appoint only qualified Sports Psychologists on the posts sanctioned by the SAI. The Sports Psychology Association of India announced also that it will be publishing a special book on Foundations of Sports Psychology in 1990.

(From the Newsletter)  
Dr. Agyajit Singh  
Editor of SAI Newsletter  
Head, Dept. of Psychology  
Punjabi University, Patiala, 147002  
Punjab, India

LAGOS  
NIGERIA

The Sports Psychology Association of Nigeria (SPAN) held its 7th National Conference the 12th-13th of October 1989 with the theme "Leadership Roles in National Sports Development." Presided by Dr. P. Bola Ikulayo, ISSP MC member, the Nigerian association tackled the formidable task of helping find more effective leadership ways across the world of sport, from coaches to national organizations. Elections were held during the conference and Dr. Ikulayo was reelected President, while Dr. Adedoja was reelected Vice-President and seven officers were chosen to the Executive Committee.

FLORIDA  
USA

The Handbook of Research on Sport Psychology will be edited by Robert N. Singer, Milledge Murphey, and Keith Tennant, and published by Macmillan Book Co. on behalf of the International Society of Sport Psychology. The purpose of this book is to include a variety of chapters comprehensively describing research on sport psychology, with each chapter:

- emphasizing a conceptual understanding of the integrated research to indicate how theories and findings relate to one another, going beyond a summarizing of research;
- conveying what is known about research on sport psychology, and therefore what is known about sport psychology; and
- providing an organized and meaningful coverage of the appropriate subject matter.

KYOTO  
JAPAN

The 22nd International Congress of Applied Psychology took place in Kyoto, Japan, from July 22nd-27th 1990. Denis Glencross, ISSP MC member made a key note address, while Erwin Hahn organized a symposium entitled "Aspects of Sport-Psychological Involvement from Competition to Rehabilitation in Sport," with the participation of Glencross (Australia), Fujita (Japan), Moro and Suay (Spain), Asgupa (India) and Ichimura (Japan).

WINGATE  
ISRAEL

The Wingate Institute hosted the Annual Conference of the Israeli Society for Sport Psychology and Sociology on March 20, 1990. The Conference emphasized the applied contribution of sport psychology to Israel elite sport. Five lectures were presented:

- Dr. Gilad Weingarten presented the history and recent developments of sport psychology;
- Dr. Raya Yuval presented her work with young talented tennis players at the Israeli Tennis Centers;
- Dr. Eitan Eldar presented his behaviorally oriented work in basketball;
- Mr. Ohad Mahoz, an organizational consultant, presented his work with the men's national soccer team;
- Mr. Shraga Sade presented his work with the Olympic shooting team.

Most lectures included a joint presentation of the sport psychologist and an elite coach or athlete. In this way, the client's as well as the psychologist's perspective were introduced to the participants. Finally, a panel discussion took place, chaired by Dr. Gershon Tenenbaum, with two sport psychologists (Dr. Emma Geron and Dr. Michael Bar-Eli) and two elite coaches (the national coaches of the men's team-handball and youth soccer teams.) The conference had a considerable echo in the media, and reflected the continuous efforts of the Israeli Society to expose sport psychology to sport practitioners as well as behavioral scientists.

Dr. Michael Bar-Eli  
President  
Israeli Society for Sport Psychology and Sociology

AUSTRALIA  
NEW ZEALAND

The Sport Psychology Association of Australia New Zealand is now publishing an informative Newsletter. The editors strongly encourage the use of electronic mail which is likely to become the publication way of the future. Members are reminded of upcoming conferences and informed of applied research grants awarded to SPAANZ members. Activities from other societies are also reported. Congratulations to Dr. Denis Glencross, president of SPAANZ and to the Editorial Secretary, Steven Christensen.

ATHENS  
GREECE

On May 24-25 1990, coinciding with the meeting of FEPSAC's MC, The Hellenic Society of Sport Psychology, managed by Dr. Yannis Zervas, staged a conference with about 300 participants.

## UPCOMING EVENTS

**September 16-20, 1990**  
Beijing, PR China

"1990 Beijing Asian Games Scientific Congress. Contact: 1990 Beijing Asian Games, Scientific Congress Organizing Committee, 9 Tiyujuan Road, Beijing, PR China.

**September 26-29, 1990**  
Belo Horizonte, Brazil

"III International Symposium in Sport Psychology" sponsored by SOSUPE/State University of Minas Gerais. For information contact Benno Becker Jr., President SOSUPE. End. Al. Coelho Neto 20/203. CEP 90.000 Porto Alegre, RS- Brasil.

**October 1-6, 1990**  
Buenos Aires,  
Argentina

"II South American Congress in Sport Psychology," which is the Congress of the South American Society of Sport Psychology, Physical Activity and Recreation, organized by the Argentinean Society of Sport Psychology. The general theme of the congress will be Health, Sport and Education. Official languages: Spanish and English. For more information contact: Lic. Liliana Grabin. Directora Ejecutiva. Sociedad Argentina de Psicología Aplicada al Deporte. Eustaquio Frias 263 13 - 103. (1414) Capital Federal República Argentina.

**October 3-5, 1990**  
Montpellier, France

"7th International Congress in Sport Psychology" organized by French Association of Sport Psychology, Association for Research in Sport Psychology and Hérault County Council-Hérault Sports Office. Congress topics are Sport, Health and Well-being, Sporting Skills and Sport and Representations. For information contact: Office Departemental des Sports de l'Hérault. 85, Avenue d'Assas. 34000 Montpellier (France).

**October 11-13, 1990**  
Australia

"27th National Annual Scientific Conference of the Australian Sports Medicine Federation." Theme: Physical Activity through the Ages. For registration and information write to: ASMF 1990 Conference. P.O. Box 897. Belconnen Act 2616, Australia.

**November 1-3, 1990**  
Montecarlo, Monaco

"Women and Sport." Organized by AGFIS/GAISF. Contact: ASGFIS, 7 Bvd. de Suisse Monte-Carlo, 98000 Monaco.

**January 14-18, 1991**  
Perth,  
Western Australia

18th Australian Council for Health Physical Education and Recreation National Conference. Theme: "Sporting Performance through the Ages." Contact: Len Pavy ACHPER Conference Director 214 Port Road, Hindmarsh, South Australia, 5007.

**May 20-26, 1991**  
Havana, Cuba

"14th Pan-American Congress on Sports Medicine." For information write to XIV Congreso Panamericano de Medicina del Deporte. COPAMEDE '91. Palacio de las Convenciones. Apartado 16046, La Habana, Cuba.

**July 7-10, 1991**  
Nottingham,  
Great Britain

"International Conference on Sports Science." Organized by The British Sport Council. Contact: The Sports Council, International Office, 16, Upper Woburn Place, London WC 1H 0QP.

**September 10-15, 1991**  
Cologne, Germany

"VIII European Congress of Sport Psychology." General Theme: Movement and Sport - Psychological Foundations and Effects. Main Topics: Sport Motivation, Motor Learning, Psychological Training, Health Sport, Movement and Sport Therapy. Deadline for submission of abstracts March 1, 1991. Please contact: Prof. Dr. Jurgen Nitsch, Deutsche Sporthochschule Koln, Carl-Diem-Weg 6, D-5000 Koln 41, Germany.

**October 26-31, 1991**  
Barcelona, Spain

"Second IOC World Congress on Sport Sciences." Content: The Application of Sport Sciences to high performance Olympic Sport." Organized by IOC. Please contact: Secretariat Congrès Científic, COOB '92. Edifici Helios, C/ Mejia Lequerica s/n, 08028 Barcelona, Spain.

# ISSP MEMBERSHIP APPLICATION

Name (Last) \_\_\_\_\_ (First) \_\_\_\_\_

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Professional Title \_\_\_\_\_

**Professional Address:**

University, Institution, or Association \_\_\_\_\_

Street \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Country \_\_\_\_\_ Postal Code \_\_\_\_\_

**ISSP Annual Membership Dues \*(U.S. Dollars):**

Individual: \$15 \$ \_\_\_\_\_

Group: 10-50 members: \$50 51-100: \$75 101 or more: \$150 \_\_\_\_\_

\*Payment of multiple years until 1993 (4 yrs) entitles you to one year free!

**Enter my subscription (at special ISSP rates to):**

International Journal of Sport Psychology: \$40 per year (\$50 Air Mail) \_\_\_\_\_

The Sport Psychologist (check as appropriate):

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Please mail this application and a check or international money draft payable in US dollars to:

c/o Dr. John Salmela  
 Treasurer  
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