



**LAUNCHING! LAUNCHING!! LAUNCHING!!!**

**The Department of Health, Physical Education and Recreation  
University of Cape Coast, Ghana**

**in Collaboration with the International Society of Sport and Exercise Psychology  
is launching the**

# **Maiden Ghana Society of Sport and Exercise Psychology**

**MAIN SPEAKERS**



**Hon. Isaac Kwame Asiamah**  
*Minister for Youth and Sports  
Ghana*



**Prof. Joseph K. Mintah**  
*Dean, Faculty of Science and  
Technology Education  
University of Cape Coast, Ghana*



**Prof. Tatiana V. Ryba**  
*Vice President ISSP, AASP Fellow  
University of Jyväskylä, Finland*



**Dr. Erica Dickson**  
*President, Ghana  
Psychological Association*

## **THEME**

**“EMBRACING SPORT AND EXERCISE PSYCHOLOGY  
APPLICATION FOR OPTIMAL PERFORMANCE AND  
GENERAL WELL-BEING IN GHANA”**

**Special Guest of Honour**  
Hon. Isaac Kwame Asiamah  
*Minister for Youth and Sports*

**Welcome Address**  
Prof. Joseph Ghartey Ampiah  
*Vice Chancellor, University of Cape Coast, Ghana*

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**Hon. Isaac Kwame Asiamah**, *Minister for Youth and Sports*  
**Prof. Joseph K. Mintah**, *Dean, Faculty of Science and Technology  
Education, University of Cape Coast, Ghana*

**Dr. Erica Dickson**, *President, Ghana, Psychological Association*

**Date**

**Friday, 23<sup>rd</sup> November, 2018**

**Time**

**11:00am**

**Venue: Auditorium 900**

**Side Attraction: Practical Hands on Session**

**Video Commentaries**