



Dr. Lauren Loberg, Director of Education, NFL Player Engagement & Owner, Pyramid Performance Consulting

Nominated/Seconded by: Dr. Alejandro García Mas and Dr. Athan Amasiatu
For: Managing Council member at large

Personal Statement

I am the Director of Education in Player Engagement for the National Football League (NFL) in the United States. I am responsible for developing and implementing programs that help enhance and inspire the total wellness, personal and professional growth of players and their families throughout the NFL experience. I also have a private practice, Pyramid Performance Consulting, which provides sport psychology services to a wide range of athletes, from professional to youth level. My research interests include performance enhancement, athlete transition, coping with injury, and whole-person development. I have been an active member of ISSP for the last 12 years. I am excited about helping further the organization's goals in promoting research, practice and development in the discipline of sport psychology throughout the world. I held a position on the managing council this last term. Focusing on technology, I helped begin the ISSP Facebook page and development of the updated website. I would like to continue contributing to ISSP during this next term by increasing outreach to members via online technologies.